

CENTURY HOUSE ASSOCIATION

March Week at a Glance - Century House Association

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Quilting 9:00 am - 12:00 pm	Table Tennis 9:00 am - 2:30 pm	Badminton 9:00 am - 2:30 pm	Pickleball 9:00 am - 2:30 pm	Badminton 9:00 am - 2:30 pm	Table Tennis 9:00 am - 2:30 pm	
CHA Snooker 9:00 am - 3:00 pm	CHA Snooker 9:00 am - 3:00 pm	CHA Snooker 9:00 am - 3:00 pm	CHA Snooker 9:00 am - 3:00 pm	CHA Snooker 9:00 am - 3:00 pm	CHA Snooker 9:30 am - 3:45 pm	
Pickleball 9:00 am - 2:30 pm	General Discussion Group 11:00 am - 12:00 pm	Wednesday Crafts 1:00 - 3:00 pm	Quilting 9:00 am - 12:00 pm	CH Walkers 9:30 am	Square Dancing 11:30 am - 2:00 pm	
Line Dancing 12:20 - 1:20 pm & 1:40 - 2:40 pm	Court Whist 12:30 - 3:00 pm	Conversational French 1:30 - 3:00 pm	Mahjong 9:30 - 11:45 am	Bingo 12:45 - 3:45 pm		
Carpet Bowling 1:00 - 3:00 pm	Tuesday Crafts 12:30 - 2:30 pm	Conversational Spanish 3:30 - 5:30 pm	Ukulele 9:30 am - 12:00 pm	Scrabble 1:00 - 3:00 pm		
Cribbage 1:00 - 3:30 pm	Bridge 1:00 - 4:00 pm		CH Players 1:00 - 3:00 pm	Canasta 12:30 - 3:30 pm		
Century House Singers 2:00 - 4:00 pm	Bid Euchre 1:00 - 4:00 pm		Darts 1:00 - 3:00 pm			
	CH Artists 3:00 - 5:00 pm		Whist 1:00 - 3:00 pm			
	Line Dancing 7:00 - 8:30 pm					

Membership is required for Century House Association Activity Groups.
Additional group fees may apply.
Contact 604-519-1066 or visit centuryhouseassociation.com for more details.

Additional Activities, Support Groups and Events

Mar. 3	10:00 am - 12:00 pm 10:00 - 11:00 am 1:00 - 2:30 pm	Low Vision Support Group Discover the Computer Room Care for the Caregiver In-Person Support	Mar. 23	10:00 am 11:00 am	BYOD (Apple) BYOD (Android)
Mar. 4	10:00 am - 12:00 pm 3:15 - 5:00 pm	Chairpersons Meeting Time for Change: On the Brink	Mar. 24	7:00 - 8:30 pm 1:30 - 3:30 pm	Readers Theatre Bursary Trivia Fundraiser
Mar. 9	10:00 am 10:30 am 11:00 am	BYOD (Apple) Zoom Book Club BYOD (Android)	Mar. 25	6:30 - 8:30 pm	Birthday Party
Mar. 10	7:00 pm	Readers Theatre	Mar. 27	1:30 - 2:30 pm	Wonders of the Garden
Mar. 13	1:30 - 2:30 pm	Wonders of the Garden	Mar. 31	10:00 - 11:00 am 11:00 am - 12:00 pm	Discover the Computer Room Discover the Computer Room
Mar. 14	1:30 pm	Monthly Movie			
Mar. 18	1:30 - 3:00 pm 10:00 am - 12:00 pm 1:00 - 2:00 pm 2:00 - 4:00 pm	Notable 90s Parkinson's Support Group CH Information Tour SET Workshop: Artificial Intelligence Part 2			
Mar. 19	9:30 am - 1:00 pm 2:30 - 3:30 pm	Blood Pressure Monitoring Learning Garden			



CITY OF NEW WESTMINSTER PROGRAMS & EVENTS

March Week at a Glance - New Westminster Parks and Recreation

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Century House · 620 Eighth Street · 604-519-1066						
Fitness Centre Drop-in 9:00 am - 2:30 pm Active & Able Fitness 9:30 - 10:30 am Gentle Fit 11:00 am - 12:00 pm Yoga 11:00 am - 12:00 pm Women's Snooker 3:00 - 5:00 pm Public Snooker Try-it! 5:00 - 8:45 pm Zumba Gold 19+ 5:30 - 6:30 pm	Fitness Centre Drop-in 9:00 am - 2:30 pm Strength & Stretch 9:30 - 10:30 am Mobility & Strength 10:45 - 11:45 am Community Connections 3:00 - 4:00 pm Public Snooker Try-it! 5:00 - 8:45 pm Zumba Toning 19+ 5:30 - 6:30 pm Try-it! 6:45 - 7:45 pm Stretch 19+	Fitness Centre Drop-in 9:00 am - 2:30 pm Active & Able Fitness 9:30 - 10:30 am Chair Yoga 11:00 am - 12:00 pm Gentle Fit 11:00 am - 12:00 pm Women's Snooker 3:00 - 5:00 pm Public Snooker Try-it! 5:00 - 8:45 pm	Fitness Centre Drop-in 9:00 am - 2:30 pm Active & Able Fitness 9:30 - 10:30 am Fitness Centre Advisor 1:00 - 3:00 pm Public Snooker Try-it! 5:00 - 8:45 pm Zumba Gold 19+ 6:00 - 7:00 pm Try-it!	Fitness Centre Drop-in 9:00 am - 2:30 pm Strength & Stretch 9:30 - 10:30 am Gentle Fit 11:00 am - 12:00 pm Yoga 11:00 am - 12:00 pm Public Snooker Try-it! 5:00 - 8:45 pm Zumba 19+ 5:30 - 6:30 pm Try-it! 6:45 - 7:30 pm Stretch 19+	Fitness Centre Drop-in 9:00 am - 2:30 pm Iyengar Yoga Intro 9:30 - 10:30 am	
Queensborough Community Centre · 920 Ewen Avenue · 604-525-7388						
Seep 2:30 - 5:30 pm	Bingo <i>Except 2nd Tuesday</i> 12:30 - 2:30 pm Seep 2:30 - 5:30 pm	Chinese Seniors Group 9:00 am - 12:00 pm Pickleball 12:30 - 2:30 pm Seep 2:30 - 5:30 pm	Seep 2:30 - 5:30 pm	Learn & Play Mahjong 9:00 am - 12:00 pm Learn & Play Texas Holdem Poker 9:00 am - 12:00 pm Jewellery Making 9:00 am - 12:00 pm Seep 2:30 - 5:30 pm	Seep 2:30 - 5:30 pm	Seep 2:30 - 5:30 pm
təməsewtx™ Aquatic & Community Centre · 65 E Sixth Avenue · 604-777-5100						
Active & Able Interval 8:00 - 9:00 am	Pickleball 9:00 - 11:30 am Learn & Play Mahjong 9:00 am - 12:00 pm Learn & Play Texas Holdem Poker 9:00 am - 12:00 pm Sketch for Fun 10:00 am - 12:00 pm	Active & Able Interval 8:00 - 9:00 am	Badminton 9:00 - 11:30 am Learn & Play Mahjong 9:00 am - 12:00 pm Learn and Play German Bridge 9:00 am - 12:00 pm Jewellery Making 9:00 am - 12:00 pm	Walking Soccer Try-it! 1:00 - 2:30 pm		
Schedule is subject to change. For up-to-date schedules visit: newwestcity.ca/dropin ■ Registration is available for Limited-Capacity Drop-in classes. Admission fees apply. See page 13.						

Additional Events from the City of New Westminister

Mar. 5	11:00 - 1:00 pm	New West Tenants Union Information Table
Mar. 6	6:30 - 8:30 pm	Friday Night Fever
	10:00 - 11:30 am	For the Family Record
Mar. 7	1:30 - 3:30 pm	Karaoke
Mar. 10	10:45 - 11:45 am	50+ Social Skate
Mar. 19	6:00 - 8:00 pm	Paint & Create
Mar. 21	1:30 - 3:30 pm	Karaoke
Mar. 26	Various Appointment Times	Hearing Clinic